Curwen Park, Workington

Seating available around the walk



Time 18 - 36 mins

Distance 1.9km (1.2 miles)

> Steps Approx 2,400

Route

Tarmac and some uneven steps

Start point

The Horse Close Car Park, Ramsay Brow opp Park End Rd CA14 4DE

> Parking Car park

Bus routes X5 Walk category Moderate This circular walk mostly follows tarmac paths around the park but there are some uneven steps.

8

The Curwen family were the principal landowning family in the Workington area, and were instrumental in the development of the town. Curwen Hall, was extended in the 14th century and is famed as one of the staging posts for Mary Queen of Scots who stayed there in 1568 with the Curwen family.

Standing in the park, close to the town centre, among the sheep and cattle, there is a feeling of being out in the country as the ambience is quite rural. Watch out for Red Squirrels, Woodpeckers, Sparrowhawks and Tree Creepers.

On the return route you will wander through an area known as Cuckoo Arch, named from a fine 18th Century bridge, unfortunately demolished during the 1930's. The abutment and subsidiary arches on this side can still be seen.

Depending on your level of fitness it will take:

Under 36 mins (2 miles per hour)

Under 24 mins (3 miles per hour)

Under 18 mins (4 miles per hour)

Route description

Enter the park by the main entrance at the top of Ramsay Brow. Follow the path down a slight slope, with Curwen Hall on your right. Immediately after passing the Hall follow the path to the right, in front of the main gates.

At the bench on the right take the 'none' tarmac path through some trees down some staggered steps to the lower park. Walk through the gate, joining the cycleway and follow it over a low bridge across Mill Stream. Continue on the cycleway round the park, alongside the route of Mill Stream through open woodland. Close to Workington Mill cross the bridge and head towards the Park Lodge.

After the sports field, the path splits at Park Lodge, go through a kissing gate to the right and climb the wide path on the right up the slope where the path takes the form of a high terrace through mature woodland (Hallbank Wood), stay on this route which eventually emerges in the parkland

