## Vulcan Park, Workington



Open and accessible to all



**Time** 

11.25 - 22.5 mins

**Distance** 

1.2km (0.7 miles)

Steps

Approx 1,500

Route

Tarmac paths

**Start point** 

Park entrance on Vulcan's Lane CA14 2ND

**Parking** 

Disc parking

**Bus routes** 

Close to Workington Bus Station

Walk category
Easy

This walk follows a network of tarmac paths through Vulcan Park. Where there are steps an alternative route is available. The park is a very pleasant retreat near the centre of Workington and offers 14 acres of parkland for visitors and townspeople to enjoy.

The bulk of the land was purchased by Workington Corporation during 1908–10, for the purpose of constructing a public park. However, due to the urgent demands of the First World War, the land had to be used as allotment gardens. Eventually, in 1924 the Borough Surveyor had the park laid out.

Vulcan Park is home to the town's Cenotaph featuring bronze panels which are the work of Alexander Carrick A.R.S.A. They commemorate the town's association with the Border Regiment, the Royal Artillery, mining and the making of steel rails. It not only serves as a war memorial, but also as a reminder to both visitors and local people of the town's heritage.

## Depending on your level of fitness it will take:

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Under 22.5 mins (2 miles per hour)



Under 15 mins (3 miles per hour)



Under 11.25 mins (4 miles per hour)

## **Route description**

Enter the Park by the Main Entrance on Vulcan's Lane opposite Emmanuel Church. Walk down the main drive past the Park Lodge and take the path down to the left, round the rear of the lodge.

When you approach the circular flowerbed take the path to the right, continue past the old tennis courts and turn right. Carry on along the path until the break in the hedge and take the route to the left. Stay on the right hand path past the play area. The white building you can see at the far end of the park, is Park End Shelter, also known as the "Old Man's Shelter".

Once you reach the road, go through the gate and turn left onto Princess Street. Take the first left again, past the day centre and head back into the park. Follow the left hand path back to the hedge where the Cenotaph appears down to your left.



Take the path round the cenotaph which goes directly behind it towards the Duffield Beacon. This carried a bonfire heralding the millennium year.

Pass the Beacon, up a slight gradient and turn right taking the path along the hospital wall, turn left at the end and make your way back to the start.